



A DEGREE OF CONTROL

A GUIDE TO SCALP COOLING

Caution: Federal law (USA) restricts this device to sale by or on the order of a Physician.

PAXMAN^o
PIONEERS IN SCALP COOLING

Hello. We're Paxman,
and we have helped
tens of thousands
of people like you
keep their hair during
chemotherapy.

You're in safe hands.

*Am I going to lose my hair?
It's the first question that
people generally ask when
they initially find out they
need chemotherapy.*

Paxman is a family business that was born when our chairman's wife started losing her hair during chemotherapy for breast cancer. We knew firsthand that this is often devastating.

We also know that many people consider hair loss the most feared and common side effect of chemotherapy treatment. The emotional effect is considerable and can have a dramatic impact on self-esteem.

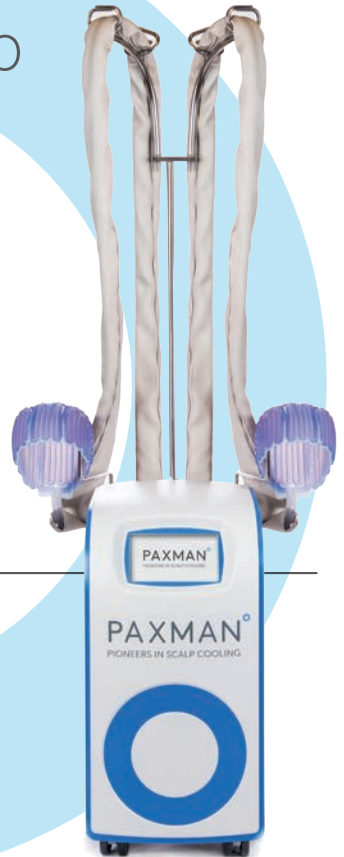
But there is something that can be done.

Scalp cooling can be used during chemotherapy to prevent or reduce hair loss, known as chemotherapy-induced alopecia. Treatment with scalp cooling can positively impact the confidence, sense of control, and hope of people who use it.

Patient care is at the heart of everything we do at Paxman. It's our goal to ensure that all women with breast cancer, no matter where they are in the world, can keep their hair during chemotherapy.

It's time for you to take back some control.

We are the leading global experts in scalp cooling, a clinically proven treatment available throughout the world.



What is scalp cooling?

Scalp cooling is a simple treatment that can prevent hair loss caused by certain chemotherapy drugs. The use of scalp cooling has been proven to be effective in preventing chemotherapy-induced alopecia, or hair loss, and can result in women retaining much of the hair. Some women retain all of it.

For people receiving chemotherapy, scalp cooling can mean the opportunity to regain some control, ensure some privacy, and maintain a positive attitude toward treatment.

Why does chemotherapy make hair fall out?

Chemotherapy works by targeting all rapidly dividing cells in the body. Hair is the second fastest dividing cell, which is why many chemotherapy drugs cause hair loss. Chemotherapy damages hair follicles (at the root of the hair), resulting in hair loss about 2 weeks after the start of chemotherapy.

Does hair always fall out with chemotherapy?

Many chemotherapy drugs used to treat breast cancer, including taxanes and anthracyclines, cause alopecia, or hair loss. Ask a member of your healthcare team if your specific chemotherapy drugs cause this side effect.

How does scalp cooling work?

Scalp cooling reduces the damage that chemotherapy causes to hair follicles. It does this by lowering the temperature of the scalp immediately before, during, and after chemotherapy. This in turn reduces blood flow to the area around the hair follicles, which may prevent or minimize hair loss.

The Paxman Scalp Cooling System has excellent heat extraction technology, making it the most comfortable and tolerable scalp cooling method. In addition, the Paxman Scalp Cooling System is administered by healthcare professionals during chemotherapy.

How long does scalp cooling take?

If you choose to have scalp cooling during chemotherapy, you will wear the Paxman Scalp Cooling Cap for 30 minutes preinfusion, during chemotherapy infusion, and for a maximum of 90 minutes afterward (depending on your therapy).

It is important to continue with scalp cooling each time you go for chemotherapy to get the full benefits of hair preservation.

For more information and to watch instructional videos, please visit PaxmanUSA.com.



Will scalp cooling work for me?

Many thousands of women throughout the world have retained their hair using the Paxman Scalp Cooling System while receiving chemotherapy treatment.

Indication for Use

Who should use the Paxman Scalp Cooling System?

The Paxman Scalp Cooler is indicated to reduce the likelihood of chemotherapy-induced alopecia (CIA) in women with breast cancer.

Intended use

The Paxman Scalp Cooling System is intended for use by appropriately qualified healthcare professionals who have been trained in correct operation of the device by a Paxman representative.

You should be aware of the following:

- Hair loss is a possible side effect of chemotherapy
- The treatment success rates with the Paxman Scalp Cooling System vary from patient to patient and with different drug regimens being administered
- Patients cannot be guaranteed they will not lose any or all of their hair
- Patients may have a headache during treatment
- Some patients may feel cold during treatment
- Some patients may feel lightheaded after the Paxman Scalp Cooling Cap has been removed
- Patients may visit the restroom during treatment

Contraindications

Scalp cooling is contraindicated for:

- Patients with an existing history of scalp metastases, or the presence of scalp metastasis is suspected

- Patients with cold sensitivity, cold agglutinin disease, cryoglobulinemia, cryofibrinogenemia, and post-traumatic cold dystrophy
- Scalp metastases have rarely been reported in the literature, but caution regarding their development has been a limitation for the broad-scale application of scalp cooling during chemotherapy. Theoretically, tumor cells that have seeded in the scalp might not receive adequate chemotherapy during hypothermia, thus allowing them to grow at a later date
- Patients with severe liver or renal disease from any etiology, who may not be able to metabolize or clear the metabolites of the chemotherapeutic agent
- Patients with hematologic malignancies (leukemia, non-Hodgkin and other generalized lymphomas)
- Patients with imminent skull irradiation

Precautions

The long-term effects of scalp cooling and the risk of scalp metastasis have not been fully studied.

Attention:

Clinical studies have successfully demonstrated the effectiveness of the Paxman Scalp Cooling System in the prevention of chemotherapy-induced alopecia, or hair loss, with widely used chemotherapy dosages and regimens for breast cancer. Hair retention rates are variable, however, since successful scalp cooling depends on many factors such as the chemotherapy regimen and dose, duration of drug infusion, metabolism of the chemotherapy drug, and concomitant comorbidities or other conditions. Age, hair type, hair condition, and general health can also affect the results of the Paxman Scalp Cooling System.

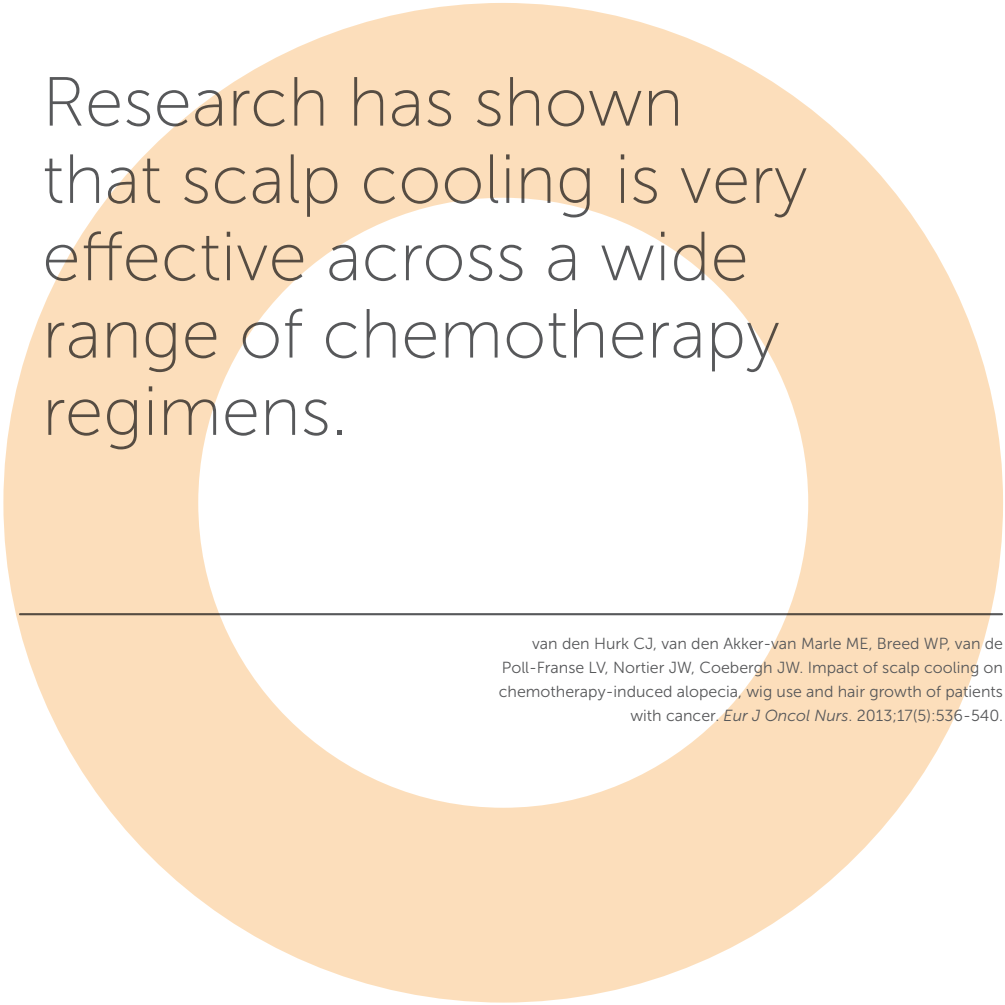
It cannot be guaranteed that scalp cooling will prevent all patients undergoing chemotherapy from losing any or all of their hair. The success rates of scalp cooling in reducing chemotherapy-induced alopecia, or hair loss, vary from patient to patient and depend on the chemotherapy regimen administered.

Research has shown that scalp cooling is very effective across a wide range of chemotherapy regimens. You may experience some hair loss and overall thinning of the hair while using scalp cooling, and the normal shedding cycle of the hair will continue. We encourage you to continue scalp cooling even if you experience some hair loss. Many women report hair growth during their chemotherapy treatment while using scalp cooling, as new hair growth is also protected from the chemotherapy drugs.

Based on recent research, women are advised not to buy a wig during scalp cooling. The study suggests that women should wait until a wig becomes necessary. This study was authored by Dr van den Hurk and others and is available at **PaxmanUSA.com**.

Your healthcare professionals and medical team will let you know if scalp cooling is likely to be successful with your chemotherapy treatment.

van den Hurk CJ, van den Akker-van Marle ME, Breed WP, van de Poll-Franse LV, Nortier JW, Coebergh JW. Impact of scalp cooling on chemotherapy-induced alopecia, wig use and hair growth of patients with cancer. *Eur J Oncol Nurs*. 2013;17(5):536-540.



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with cancer. *Eur J Oncol Nurs*. 2013;17(5):536-540.

Adverse Effects

Known side effects associated with scalp cooling include:

- Chills
- Dizziness
- Headache
- Nausea
- Paresthesia (an abnormal sensation such as tingling, tickling, pricking, numbness, or burning of the skin—a “pins and needles” feeling)
- Pruritus (severe itching)
- Sinus pain
- Skin tissue disorders
- Skin ulceration

All of these side effects occur during the scalp cooling process. They are transient or temporary in duration, and are generally recognized as presenting a low risk of harm (although in some cases, patients have discontinued scalp cooling because of these effects).

The majority of women using the Paxman Scalp Cooling System reported being able to tolerate a high level of cooling. They also reported a high level of comfort and acceptability. Few people discontinued scalp cooling because of side effects. Most patients were comfortable, reasonably comfortable, or very comfortable while wearing the device; many said they were reasonably comfortable. In the multicenter, randomized clinical trial that Paxman conducted in the United States for FDA clearance, only 6 participants of 142 patients discontinued scalp cooling because of intolerance.



A Potential Long-Term Side Effect

The only known potential long-term side effect of scalp cooling is also the most controversial one; this is that scalp cooling when used on women receiving chemotherapy for breast cancer could lead to an increased incidence of scalp metastases. (This is because the same mechanisms that restrict the effectiveness of the chemotherapeutic agent against hair roots or follicle cells in the scalp can also restrict the effectiveness of the chemotherapeutic agent against cancerous tissue in the scalp.)

The natural incidence of scalp metastases in patients with breast cancer is approximately 1 in 4000. This incidence seems to be about the same in patients who receive scalp cooling and those who don't.

There is no clinical evidence that cooling the scalp during adjuvant and palliative chemotherapy treatment increases the risk of developing scalp metastases. The issue remains a theory or possibility, but it has not been proven.

The Paxman Scalp Cooling System is the leading product found to minimize the risk of hair loss during chemotherapy in women with breast cancer. Your healthcare professionals can advise you if scalp cooling is likely to be successful with your chemotherapy treatment, or whether any other treatments, or the use of a wig, scarf, or headcover, may be more appropriate.



What Can I Expect Using the Paxman System?

Tolerance of the cold feeling experienced while having scalp cooling varies widely from person to person. Patients often have an intense feeling of discomfort or pain from the cold in the first 10 to 15 minutes of treatment. This is transient and is likely to go away as you get used to the cold.

Deep breathing can help at the initial stages of scalp cooling. The benefits can include immediate relaxation

as well as an improved ability to handle stress and calm down. Please continue to breathe deeply throughout treatment. Also be sure to dress warmly—in layers—even in warm weather.

If after the first 20 minutes of scalp cooling you are still finding the cold hard to bear, consult your healthcare professionals about taking a mild pain reliever, which may reduce your discomfort.



The Paxman Scalp Cooling System & Kit

The Paxman Scalp Cooling System consists of a compact refrigeration unit containing a coolant that is circulated through a specially designed, flexible silicone Paxman Cooling Cap. The lines containing the coolant are supported by a raised adjustable arm to offer maximum comfort.

For treatment to be successful, the scalp needs to be maintained at a constant temperature. This is achieved by correctly fitting the most important feature of the Paxman Scalp Cooling System: the lightweight Paxman Cooling Cap, which you will own and keep. The soft, flexible silicone cap provides a close fit to the head.

As coolant passes through the cap to extract heat from the scalp, inline temperature sensors ensure that the temperature of the scalp is kept at an even, constant temperature.


A neoprene cover is provided (it fits over the cap) and assists in the efficient operation of the system. The cover, which you will also own, insulates the cap and protects it from high room temperatures. It also absorbs condensation and ensures good contact with the scalp.




Designed for flexibility

Women who use the Paxman Scalp Cooling Cap find it is light, yet flexible and strong, and easy to use. After extensive research regarding head shapes, 3 different cap sizes were developed to meet the needs of all women. Your Paxman Scalp Cooling Cap should provide a close fit around the head.


Each Paxman Personal Cap Kit will include:

- Your own Paxman Scalp Cooling Cap
 - Your personal neoprene cooling cap cover.
The cap cover has an icon that is color-coded to your size
- 

SMALL



MEDIUM



LARGE
- Headband to be placed below the ears, to reduce discomfort
 - Spray bottle to moisturize hair prior to putting on cap
 - Tangle Teezer The Original detangling hairbrush
 - Hair conditioner
 - Patient brochure with instructions and specific hair care-related information
 - Towel to dry the hair and to dry the cap after the session
 - Pay-for-use token (which is explained by the Paxman Hub case manager)

Connects and disconnects easily

The Paxman Cap easily attaches to the Paxman Scalp Cooling System. If you need to use the restroom, the cap is simple to disconnect and then reconnect. Please be sure to contact a healthcare professional for help with this. Once the treatment is finished, a healthcare professional can disconnect the cap from the coolant line.

Paxman Personal Cap Kit



Features

- Easy-to-read touchscreen visual display with clear system status graphics
 - One-touch switch operation for simple ease of use
 - Scientifically developed, low-temperature, nonviscous coolant with ultra-efficient heat transfer properties
 - Instant cooling capability once connected to the system to allow immediate use
 - Visual and audible alarms for restricted and no-flow coolant conditions
 - Countdown timer with touchscreen access and visual display
 - System diagnostics access for operators, including coded access for engineers
 - High-ambient-temperature warning alarm
 - Small, compact, easy-to-maneuver size
 - Soft silicone caps, which mold to individual head shapes
 - Three cap sizes to ensure optimized fit
 - Caps can be easily disconnected from the system by quick-release, nondrip plastic couplings to enable short breaks
 - It is nearly impossible for the Paxman Scalp Cooler to overcool. However, for added safety, the system employs visual warnings to alert the user if the coolant temperature is not within operating conditions and has an automatic shutdown feature to prevent significantly cold temperature from being reached
-

Hair Preparation & Use of the Paxman Scalp Cooling System

Preparing the hair

RECOMMENDATION: Prior to fitting the cap, dampen the hair with lukewarm water and apply a small amount of hair conditioner to the dampened hair. This improves scalp contact and reduces the insulation effect of hair.

Comb hair back using your Tangle Teezer The Original detangling hairbrush, provided in your Paxman Personal Cap Kit. You can also use a wide-tooth comb or your fingers. Be sure that the front hairline is visible. This is especially important if you have bangs.

Position the elasticized headband (included in your kit) below each ear and on the forehead to create a barrier between the edge of the cap and your skin. This will reduce discomfort.

To see how simple it is to prepare your hair and fit the cap, watch the instructional videos at **PaxmanUSA.com**.


NOTE: If you have long hair, you do not need to dampen the full length of the hair, just the hair covering the scalp.

Cap fitting

Effective cap fitting is crucial to successful outcomes. It is therefore important to ensure the correct cap fit is achieved during the chemotherapy consultation appointment. The cap needs to fit around the entire hairline at the back and must be tight.

Good overall contact between the cap and the scalp is essential; any gaps should be eliminated as this could have a detrimental effect on hair retention.

The Paxman Scalp Cooling Cap will be fitted to your head for 30 minutes before the infusion of your chemotherapy drugs. The cap will remain in place during the infusion and for a maximum of 90 minutes (depending on your therapy) after completion of the infusion.



Starting scalp cooling

Once the cap is correctly fitted, scalp cooling can begin. The Paxman Scalp Cooling System is operated by a member of your healthcare team, and you will use the same cap during each chemotherapy treatment. It is important to know that you will wear the cap for 30 minutes preinfusion, during the chemotherapy infusion, and for a maximum of 90 minutes after the infusion.

When chemotherapy ends but scalp cooling continues

Sometimes when a center needs the chemotherapy chair for another patient, it may be necessary to move you to another area to continue your scalp cooling. It is fine to disconnect from the machine for a brief period. Paxman works with busy centers, so there should be enough machines for scalp cooling to be continued.

Completion of treatment

Most women will have a maximum of 90 minutes (depending on therapy) of cooling time, and then your cap can be disconnected from the Paxman Scalp Cooling System. The cap must be left in place on the head for 5 more minutes to allow your scalp to warm up. This makes cap removal more comfortable. Be sure to work with your healthcare professional if you have any questions about cap removal.

The cap should be removed by gently rocking it from side to side, so as not to pull the hair. If you can feel the hair pulling during cap removal, stop and leave the cap on the head for 5 more minutes before reattempting to remove the cap.

Once the cap has been removed, wait 5 minutes before standing up to give yourself time to adjust to the temperature change and the long period of sitting during the treatment.

Cleaning Your Paxman Cap

Here are the steps for cleaning the Paxman Scalp Cooling Cap after each use:

- Remove cap cover from the silicone cap
- Wash the internal and external surface of the silicone cap with warm soapy tap water (100°-110°F)
- Rinse the silicone cap with tap water to remove soap residue
- Dry the silicone cap thoroughly with a lint-free cloth. Do not put the silicone cap in a dryer as it may reduce how long you can use the cap
- Use a 70% isopropyl alcohol (IPA) wipe to thoroughly wipe down the silicone cap
- Allow the silicone cap to air-dry

Cleaning the cap cover:

- Use warm soapy water
- Let air-dry; never put in the dryer
- Always store your cap in your Paxman Scalp Cooling Kit



A Degree of Control

14 things you should know about scalp cooling

Before and during scalp cooling

1. Be proactive. If you feel the cap isn't tight enough on your scalp, ask your healthcare professional to adjust it.
2. The cap should touch the crown of your head.
3. The chin strap does not need to be fastened and can be put on the top of the cap cover.
4. You should have the feeling that the cooling is occurring evenly throughout your scalp. If you do not, let your healthcare professional know right away.
5. You may use a blanket or neck scarf to help with the cold feeling; drinking plenty of warm liquids also helps.
6. Consult with your healthcare professional about pain relief before your scalp cooling if you are concerned you may get a headache.
7. If you have thick braids or hair extensions, please remove them before your scalp cooling.

After each scalp cooling session

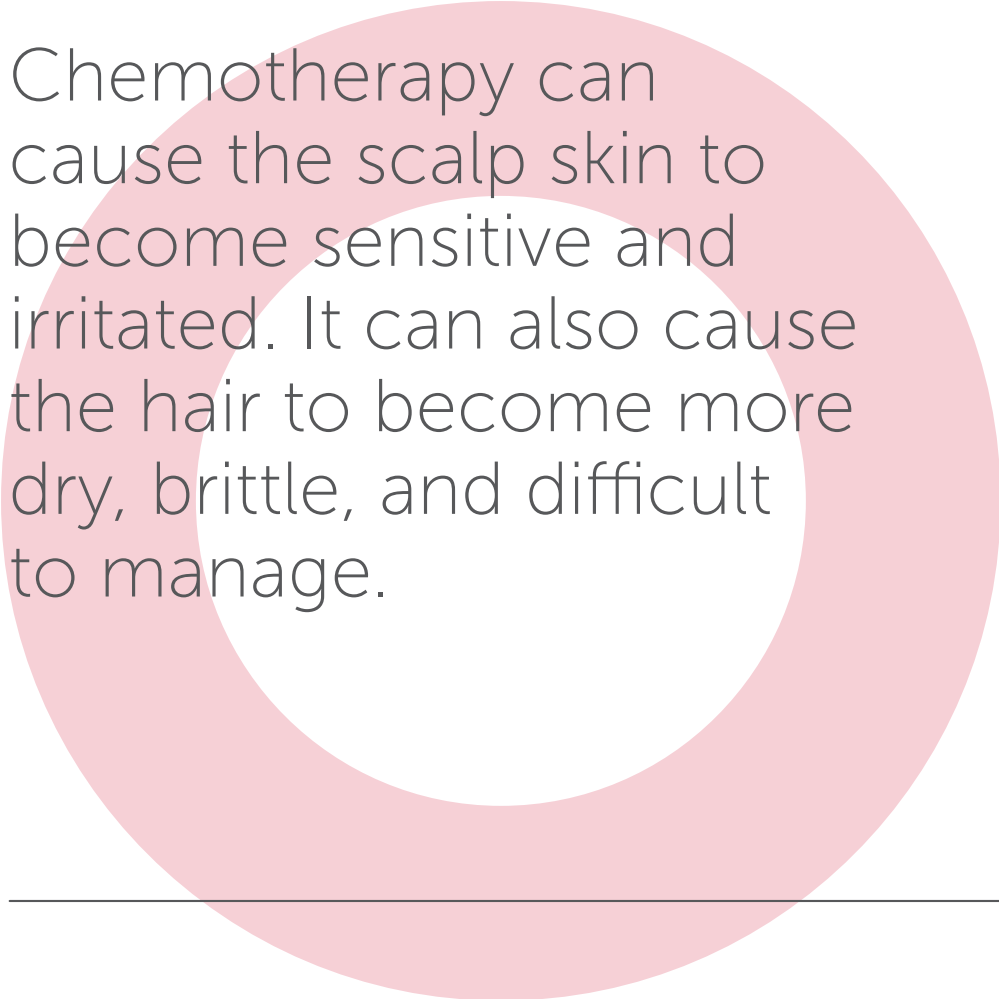
8. You may see ice on your hair after scalp cooling.
9. Avoid harsh hair treatments like coloring, extensions, braiding, curling, and straightening during and for a short while after your chemotherapy and scalp cooling.
10. Brush your hair gently with your Tangle Teezer The Original detangling hairbrush, and shampoo less often and with a sulfate-free shampoo; style with your fingertips. Follow the hair care suggestions on page 25.
11. Moderate hair loss (30% to 50%) is expected after using the cap.
12. If you don't feel you have to wear a wig, a head scarf, or a headcover during chemotherapy treatment, the scalp cooling is considered a success.
13. You may experience hair regrowth while having scalp cooling during chemotherapy treatment.

Side effects

14. Common side effects patients have experienced during scalp cooling:
 - Coldness/cold-related discomfort
 - Headaches ranging from mild to severe
 - Heavy feeling on the head
 - Forehead pain
 - Neck pain that comes and goes
 - Lightheadedness or dizziness (during scalp cooling and/or following removal of the cap at the end of scalp cooling)
 - General discomfort

For additional side effects, please see pages 10 and 11.

For more information, visit
PaxmanUSA.com.



Chemotherapy can cause the scalp skin to become sensitive and irritated. It can also cause the hair to become more dry, brittle, and difficult to manage.

Hair care for women having scalp cooling

- Be gentle at all times with your hair
- Don't be afraid to brush your hair. Use a good-quality brush; poor-quality brushes will snag and tear your hair
- Avoid permanents and coloring or dyeing your hair while receiving chemotherapy treatment
- Avoid using excessive heat on the hair; dry gently and do not use hair straighteners
- Wash your hair using lukewarm water and a mild shampoo. The scalp can become sensitive to the perfumes and preservatives in cosmetic shampoos. When washing your hair, keep it out straight. Never pile your hair on top of your head after shampooing or conditioning. After washing, use plenty of conditioner each time
- To manage tangles, use a lot of hair conditioner, then brush with your Tangle Teezer The Original detangling hairbrush or a wide-tooth comb while you're in the shower. It also helps to hold the hair above the tangles so that it does not stress hair roots

To ensure the least amount of stress on your hair, do not go to your hair stylist or hairdresser while you are having scalp cooling. However, if you feel you have to go to the hairdresser to feel better, please bring along this brochure so your hairdresser can learn about scalp cooling and the need to minimize stress to the hair.

Following completion of chemotherapy and scalp cooling, you should be cautious and continue to be gentle in caring for your hair. The main reason to avoid hair coloring during treatment is that scalp skin sensitivity is often heightened by chemotherapy drugs. This increased sensitivity can last for a while after treatment completion. We recommend the guidance of an experienced hair stylist or hairdresser, who can do a skin patch test for scalp skin sensitivity prior to coloring your hair.

You may find it useful to read the experiences or watch video testimonials of women who have used the Paxman Scalp Cooling System. Visit the Paxman website: PaxmanUSA.com.

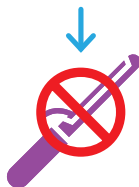


Information for Your Hair Stylist or Hairdresser

While women are having chemotherapy treatment and scalp cooling, it is important to have the least amount of stress to the hair as possible. Paxman recommends that women having scalp cooling try to avoid going to their hair stylist or hairdresser, but if they do go, please comply with these 5 points:

1

Avoid harsh hair treatments such as coloring, extensions, braiding, curling, and straightening.



2

Use the Tangle Teezer The Original detangling hairbrush provided by Paxman or a good-quality brush and brush hair gently. Poor-quality brushes can snag and tear hair.



3

Wash hair using lukewarm water. Use a mild, sulfate-free shampoo. While undergoing chemotherapy, the scalp can become sensitive to the perfumes and preservatives in shampoos. When washing hair, keep it out straight. Never pile hair on top of the head after shampooing or conditioning. Always use plenty of conditioner.



4

Style hair with your fingertips. To manage tangles, use a lot of hair conditioner, then brush with the Tangle Teezer Original detangling hairbrush, which is provided, or a wide-tooth comb. It also helps to hold the hair above the tangles so that it does not stress hair roots.



5

Avoid using excessive heat on the hair; dry gently, and do not use hair straighteners.



Once the woman has completed her chemotherapy and scalp cooling, we suggest she continue with overall gentle hair care. The main reason we advise against hair coloring during treatment is that scalp skin sensitivity is often heightened by the chemotherapy drugs. This increased sensitivity can last a while after treatment completion. We recommend that an experienced hair stylist or hairdresser do a skin patch test for sensitivity prior to coloring the woman's hair.

Summary of a Recent Clinical Study

An important study was recently published in the *Journal of the American Medical Association*, or *JAMA*, evaluating scalp cooling to prevent chemotherapy-induced alopecia, or hair loss.

How effective was scalp cooling?

Scalp cooling prevented significant hair loss in about 50% of women.

- Higher success rates were shown in patients receiving taxane-based regimens
- Scalp cooling was generally well tolerated, with no severe adverse events. In a minority of patients, scalp cooling was associated with headache

There were 7 trial sites across the US:

- Baylor College of Medicine
- Cleveland Clinic
- Memorial Sloan Kettering Cancer Center
- Hematology & Oncology Associates of Northern NJ (now Summit Medical Group-MD Anderson Cancer Center)
- Baylor Sammons Cancer Center
- Texas Oncology-Medical City Dallas
- Texas Oncology-Houston Memorial City

Adverse events

There were 54 adverse events reported in the cooling group: 46 anticipated adverse device events and 8 unanticipated adverse device events. There were no serious adverse device events. All adverse events were considered relatively mild, noted as grade 1 (n=46) or grade 2 (n=8), and these included chills, dizziness, headache, nausea, paresthesia, pruritus, sinus pain, skin and subcutaneous tissue disorders, and skin ulceration.

Based on the comfort scale, most patients were comfortable, reasonably comfortable, or very comfortable while wearing the device, with an average rating of reasonably comfortable.

In the study, participants were to use the Paxman Scalp Cooling System device (for the prescribed time of 30 minutes prior to chemotherapy, during chemotherapy, and for a maximum of 90 minutes after chemotherapy).

Nangia J, Wang T, Osborne C, et al. Effect of a scalp cooling device on alopecia in women undergoing chemotherapy for breast cancer: the SCALP randomized clinical trial. *JAMA*. 2017;317(6):596-605.

Comfort scale: the average rating was reasonably comfortable

very uncomfortable



uncomfortable



comfortable



reasonably comfortable



very comfortable



Conclusion

Among women with stage I to II breast cancer receiving chemotherapy with a taxane, an anthracycline, or both, those who underwent scalp cooling were significantly more likely to have less than 50% hair loss after the fourth chemotherapy cycle compared with those who received no scalp cooling.

Nangia J, Wang T, Osborne C, et al. Effect of a scalp cooling device on alopecia in women undergoing chemotherapy for breast cancer: the SCALP randomized clinical trial. *JAMA*. 2017;317(6):596-605.

THE PAXMAN HUB: A SIMPLE WAY TO GET THE PAXMAN PERSONAL CAP KIT

The Paxman Hub: How it works

During the pre-chemotherapy meeting, scalp cooling for hair preservation is explained.



Paxman scalp cooling is explained and, if chosen, the Paxman Scalp Cooling Cap is fit and the prescription for Paxman scalp cooling is provided. Cost is also discussed.

You complete the enrollment form and then your doctor's office will fax that form along with your prescription to the Paxman Hub.



You call the Paxman Hub. A case manager specialist will provide comprehensive information and discuss the pay-for-use token process.

Paxman Personal Cap Kit is delivered promptly to your home.



The Paxman Hub quickly sends your Paxman Personal Cap Kit, complete with useful components, including your own cap and cap cover, to your home.

The Paxman Hub will send you your Paxman Personal Cap Kit.

The Paxman Hub is a call center with specially trained case managers who will work with you and discuss your situation. They will quickly create your account and send out your kit. A payment system will be set up and the pay-per-use token will be explained. You will also be encouraged to continue with your scalp cooling throughout treatment to get the benefits of hair preservation.

The Hub specialists are there for you with information on scalp cooling and other relevant information.

Package is received.



The brochure, the kit components, and the instructional videos on the website should all help prepare you for scalp cooling. The Paxman Hub will send reminders about bringing the kit to the center for your appointment.

Treatment day



Please bring the Paxman Personal Cap Kit and all of the components to the center. You should be prepared for scalp cooling.



A DEGREE OF **CONFIDENCE**...

"I started chemotherapy the day after my 44th birthday during Christmas week. It was amazing to see people's faces when I would tell them I was going through chemotherapy. No one knew I was being treated for cancer because I still had my hair. I am so grateful I was in the Paxman scalp cooling trial. Losing my hair would have been a constant reminder to everyone that I was sick, but the reality was, people did not see me as a cancer patient when they looked at me. They saw me for who I was as a person. And the best part of it all was that I could go anywhere and no one would know what I was going through unless I said something."

Nelia, 45
Healthcare professional, Dallas, TX

To learn more about Nelia's story, visit [PaxmanUSA.com](https://www.PaxmanUSA.com).

A DEGREE OF **PRIVACY**...

"Having my hair while getting chemo, I realized for the first time that my Paxman scalp cooling cap gave me such confidence. With my life changing so dramatically and with no control over it, it was a good feeling to have my hair! I recall when my friends found out that I was being treated for breast cancer and they'd look at my face, feeling sad for me, and then they'd say, 'But you still have your hair!' I would smile and tell them all about the Paxman cold cap!"

Shawna, 60

Retired teacher, Arlington, TX

To learn more about Shawna's story, visit PaxmanUSA.com.

Share Your Experience.

There are thousands of women like you around the world receiving scalp cooling right now.

You can read other women's experiences and share your story on the Paxman Facebook page. We welcome feedback and would be delighted to hear about your scalp cooling experience.

Our Twitter feed keeps you up to date with news and information relating to our worldwide research into scalp cooling.



[paxmanscalpcooling](https://www.facebook.com/paxmanscalpcooling)



[@scalpcooling](https://twitter.com/scalpcooling)

Your "To Bring" Checklist

Make sure you bring all of the items in your Paxman Personal Cap Kit to your chemotherapy appointment. Other items to take with you:



Warm clothing



Hat/head covering



Neck scarf



Paxman Personal Cap Kit

Keep a note of your cap size by circling it below:



Paxman US Inc.
2800 Post Oak Boulevard
Suite 4100
Houston, TX 77056

Paxman Hub: 844-5PAXMAN (844-572-9626)

PaxmanUSA.com
info@paxmanUSA.com

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PIONEERS IN SCALP COOLING

